



Youngsville Sports Complex Beach Volleyball League Rules

SEASONS:

- Spring League March, April, May
- Summer League June, July, August
- Fall League September, October, November
- Winter Pop Up Tournaments December, January

Weekend tournaments will be held throughout the year. Dates are subject to change.

GAME TIMES:

- League matches will begin at 6:00, 7:00, 8:00, & 9:00 PM
- Matches may start up to ten minutes early if both teams are present.
- All players MUST sign in every night with a picture ID.

ROSTERS:

Maximum rosters size for league teams:

- Sixes - 10 players MAX
- Quads - 6 players MAX
- Doubles - 4 players MAX
- Players are only allowed to play down by one division. (Ex. BB Player cannot play C)
- Teams are only allowed 1 player from an upper division on the roster.
- All players must be listed on team roster in order to enter the match.
- Players must be added to the roster online before 4:00 PM on the day of the match.
- Adding a player to the roster at match time will not be allowed.

Minimum number of players allowed to begin a match:

- SIXES can play with 4 players but will not be allowed to have more males than females on the court at any time.
- QUADS can play with 2 players but will not be allowed to have more males than females on the court at any time.
- DOUBLES must have two players to begin the match.

Players on the roster can sub in throughout the match.



FORMAT:

- League matches will be best 2 out of 3 sets, first 2 sets to 25, 3rd set 15.
- All 3 sets cap at 30. (First team to 30 wins if no team leads by 2)
- Teams must win all sets by 2 until the cap is hit.
- Teams are allowed one time out per set of 30 seconds.
- At coin flip, the winner has a choice of serve or side.
- If the winner picks serve, the other team may choose which side to start on. Teams will switch sides between the first and second sets.
- If the match goes to the third set, there will be another coin flip with the same choices.

Matches will not be rescheduled. If you are unable to provide the minimum number of players necessary to compete a forfeit will be issued.

SERVE

- Server must serve from anywhere behind the end line and between the extensions of the sidelines.
- The ball may be served underhand or overhand.
- In recreational (SIXES) league you are limited to three overhand serves, after which one underhand serve must precede three more overhand serves.
- A let serve **IS** allowed and is playable
 - A let serve is a ball that touches the net and continues over the net to the opponent's court.
- First game service is determined by a coin flip
- Players must maintain service rotation.
- A player cannot step on or over the service line before contact with the ball.

SERVE RECEPTION

- No blocking or attacking a serve.
- Hands must be touching when receiving a serve overhead.

ROTATION

- Recreational sixes will rotate in a clockwise manner with 3 players in the back row and 3 players in the front row.
- Coed play, at least half of the players on the court must be female at all times. You cannot have more males than females on the court at any time.
- Unlimited number of rotations may occur. Subs will rotate into the server's position, male for male and female for female.



GAME PLAY

- A ball is considered in if when landing on the ground it hits any portion of the line.
- A ball is considered out if it makes contact with anything outside of the boundaries lines.
- The net posts shall act as antennas on balls traveling from one side of the net to the other. If a ball passes outside of the post or hits the post it is considered out of play.
- Each team will have up to three contacts to return the ball to the opponents.
- Blocking or a block touch does not constitute a team contact and any player including the one who had the block touch can play the next ball.
- If two or more teammates contact the ball at the same time, it is considered one contact.
- A player may touch the ball with any part of the body.
- The ball must be contacted cleanly and not be held, lifted, pushed, caught, carried or thrown.
- The ball cannot roll up or down the arm and cannot come to rest on any part of the player's body.
- A player may not hit the ball twice in succession - unless the first touch is a block.
- In coed play, if three hits are used one hit must be by a female.
- A ball may be played out of the net.
- Players may not touch the net at any time during a rally. When a ball is driven into the net causing the net to contact a player no fault is committed.
- In recreational SIXES, back row players cannot block or hit the ball in the front row at the net.
- In quads and doubles, all players can block and hit at the net the entire match.
- A player may not go into another court to make a play on a ball
- **Fighting, taunting or unsportsmanlike conduct will not be tolerated. All such behavior will result in automatic ejection from the match and suspension from the league for the players involved.**

PLAYOFFS:

- All teams in each league will be invited to participate in the league playoffs.
- Playoffs are held as a single elimination bracket seeded based on league standings.
- All playoffs will be held only on the night that the league is played.



BASIC VIOLATIONS:

Will result in a side out or point

- Four hits
- Reaching over the net if it interferes with the opponents play or attack
- Stepping on or over the line on a serve
- Failure to serve the ball over the net successfully
- Serving out of service order
- Hitting the ball illegally (carrying, palming, throwing, etc.)
- Touching the net with any part of the body while ball is in play unless the net is pushed into you
- Stepping or reaching under the net if it interferes with opposing players
- Failure to serve in correct order
- Back row players blocking or attacking in front of the 10 ft. line
- Going into another court to make a play on a ball

WEATHER CONDITIONS:

- In the case of a rainout, team players and captains will receive an e-mail usually 2 hours before the first match is scheduled to begin notifying the team that matches have been postponed due to weather.
- In the case of a weather delay during league play, security and the YSC supervisor will make decisions regarding stoppage of play.
- Our ThorGuard Lightning detection system will be used as the primary source of lightning detection. When the system is activated, all play will cease and no players or guests will be allowed on the courts.
- **Matches will not be rescheduled at a team's request. If you are unable to provide the minimum number of players necessary to compete a forfeit will be issued.**

FOOD AND DRINK POLICY

- Bon Temps Concessions will be open during all league matches. Food, snacks, ice cream, candy and drinks will be available just to name a few!
- Alcohol will be available for purchase and can be brought onto the courts during matches.
- **Outside alcoholic beverages and glass containers are not allowed.**
- Spectators are welcome to come and watch the matches or just hang out!



UNIFORM/ATTIRE POLICY:

- Teams are not required to have matching uniforms.
- NO bikini tops or bottoms, thongs or otherwise revealing attire permitted.
- Sports bras, spandex, tank tops, etc. are permitted.

PETS:

- Pets are not allowed inside of the beach volleyball facility.
- Pets are only allowed on the walking trail and must be on a leash at all times.
- Service animals are welcome with proper identification.